Soaring Mountain Enterprises Rates

Individual Coaching Rates

Individual coaching is ideal for designing a program specific to your own unique needs.

Per Session – \$100

Paid for on an individual basis, each session typically lasts 30-60 minutes. Best as an adjunct to a pre-existing coaching relationship this option offers great flexibility for personalized attention.

Per Month – \$400

2-3 hours per month paid for in advance ensures regular contact with your coach which helps you gain traction on reaching your goals. Sessions are scheduled by mutual agreement according to your needs and are typically 30 minutes (weekly) or 45 minutes (every other week) with email and Instant Messenger support between sessions, as desired. Offers good value with personalized attention.

Per Month Now What? with workbook – \$410

Similar to standard monthly coaching, the **Now What?** program designed by best-selling author Laura Berman Fortgang adds even greater structure to the coaching relationship. Includes a workbook companion to the **Now What? – 90 Days to a New Life Direction**, available only through authorized facilitators. Separate purchase/lending of the book required. Offers good value with personalized attention within a structured program.

Pre-Paid Now What? with workbook – \$1140

Get extra savings on the **Now What?** program by paying for the entire 12 weeks in advance. Separate purchase/lending of the book required. Great value over Per Month coaching with or without the **Now What?** program.

Pre-Paid Now What? with workbook and CD – \$1265

Get great pre-paid savings on the popular 12-week **Now What?** program with the added advantage of a supplementary 6-CD set that provides you with anytime access to powerful companion material to the book (**not** an audiobook!) even after you have completed your coaching engagement. Separate purchase/lending of the book required. Premium package offering the best personalized attention within a structured program and on-going self-study.

Group rates also available for additional savings

Soaring Mountain Enterprises Rates

Group Coaching Rates

Save on costs and learn from others' experiences at the same time by participating in group coaching. Groups are limited to 4-6 individuals.

Per Month Now What? with workbook – \$195

Experience the **Now What?** program in a group setting designed to maximize benefits while minimizing costs. Includes a workbook companion to the **Now What? – 90 Days to a New Life Direction**, available only through authorized facilitators. Separate purchase/lending of the book required.

Per Month **Now What?** with workbook and supplemental individual coaching – \$260 Combine the value of the **Now What?** program in a group setting with the personalized attention of three individual coaching sessions scheduled at your convenience during the program or within the 12 months following the completion of the group work. Includes a workbook companion to the **Now What? – 90 Days to a New Life Direction**, available only through authorized facilitators. Separate purchase/lending of the book required.

Pre-Paid Now What? with workbook - \$525

Get extra savings on the **Now What?** program group rate by paying for the entire 12 weeks in advance. Separate purchase/lending of the book required. Offers great affordability over individual coaching using the same great program.

Pre-Paid **Now What?** with workbook and supplemental individual coaching – \$750 Combine the best savings on the **Now What?** program group rate with the personalized attention of three individual coaching sessions by paying for the entire 12 weeks in advance. Individual coaching sessions can be scheduled at your convenience during the program or within the 12 months following the completion of the group work. Separate purchase/lending of the book required. Offers the best of both group and individual coaching.

Pre-Paid **Now What?** with workbook, *CD*, and supplemental individual coaching – \$895 Combine great pre-paid savings on the **Now What?** program group rate with the personalized attention of three individual coaching sessions and the added advantage of a supplementary 6-CD set that provides you with anytime access to powerful companion material (**not** an audiobook!) to the book even after you have completed your coaching engagement. Individual coaching sessions can be scheduled at your convenience during the program or within the 12 months following the completion of the group work. Separate purchase/lending of the book required. Offers the best all-around value combining group and individual coaching with ongoing self-study.

Individual rates also available for more personalized attention

Special Rate

Although not everyone can afford my standard rates, I make it a point to ensure that my fees will **never** be a deterrent for someone who genuinely wishes to work with me. For that purpose, I maintain a limited number of reduced rate (scholarship) slots in my practice for those who truly need them. If appropriate, please ask about the availability of one of these scholarship slots and the special formula I use to determine those rates.

Most of my clients who receive special discounts in their rates compensate by giving back to their communities in some fashion: volunteering their time or paying forward the favor to someone else later on.

All rates quoted in US dollars and subject to change without notice. Please inquire about current rates.

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